

Cultural journey to discover Japan through Zen meditation and Japanese cultural experiences.

**The path of Zen. From Noto to Yokohama.  
Won't you join us in creating an inbound plan?  
Recruitment of participants for Experiential Tours**



- ◆Period: Monday, January 15, 2024 - Saturday, January 20, 2024 (5 nights and 6 days)
- ◆Tour fee: Free ◆Transportation: By wagon cab ◆Guides: Available
- ◆Capacity: 3 persons \*Please refer to the backside recruitment details.
- ◆Participant selection method: Selection through written applications.
- ◆Closing date for applications: December 18, 2023  
\*We will stop accepting applications when the number of applicants reaches the quota.
- ◆Accommodations: Temple lodging at Sōji-ji Soin, Wakura Onsen Kagaya, Temple lodging at Daihonzan (Head Temple) Soujiji

**Point**



- "Selected project for the Japan Tourism Agency's 'Support Program for the Creation of Tourism Content to Attract Inbound Visitors and Expand Consumption in Local Areas.'"  
Zen meditation experience at the Sōji-ji Soin Zen Temple in Wajima City on the Noto Peninsula Japanese cultural experience - Wajima lacquerware and morning markets
- Stay at "Kagaya," Japan's top hospitality inn.
- Zen experiences including zazen, shojin ryori (traditional buddhist cuisine), samu (work practice), and takuhatsu (monk's begging rounds).
- Temple lodging experience at the training hall in Sojiji Daibutsu-kai, the main temple of the Soto sect, located in the metropolitan area of Yokohama

**Planning and proposal**

**Zennosato Dukuri Promotion Council**

6-69, Hashiride, Monzenmachi, Wajima-shi, Ishikawa-Ken, Japan  
Monzen general branch Regional Promotion Division  
TEL : 0768-42-8720



## 《Recruitment information》

This project involves creating an experiential tour for inbound tourists with the support of a subsidy from the Japan Tourism Agency. Therefore, the travel fee will be free from the Haneda assembly point to the dissolution at Sōji-ji Temple on the 6th day. However, please check the following requirements before participating.

Priority will be given to non-Japanese residents, either living in Japan or abroad, with an interest in Zen. Applicants are required to fill in their motivations in advance, and a screening process will be conducted. Participants are expected to provide feedback on the local and tour experiences, and attendance in related meetings through web platforms is a condition. As this trip may involve physical activities such as mountain climbing, participants should have the physical fitness to engage in such activities.

**[Travel Conditions (Excerpt)]** For detailed information, please refer to the separate Travel Conditions document, which will be provided to you. Please note that there will be no cancellation fees for this tour. In the event of a cancellation, we kindly ask for prompt notification.

Included in the Travel Cost: 1. Transportation Expenses: Costs for chartered wagon cab, toll roads, parking fees, etc., during group travel. 2. Accommodation Fees: Conditions as per the itinerary for the mentioned lodging facilities. 3. Meal Expenses: Costs for 5 breakfasts, 5 lunches, and 5 dinners. 4. Admission Fees: Fees for visits, entrance fees, various Zen meditation participation fees, and temple visit fees. 5. Miscellaneous Expenses: Expenses such as tour guide fees, etc.

**Not Included in the Travel Cost:** 1. Costs incurred outside the provided itinerary. 2. Transportation costs to the meeting point and from the dissolution point. 3. Expenses not included in the itinerary, such as drink costs during meals. 4. Personal Expenses: Cleaning fees, telephone charges, additional beverage costs, etc. 5. Medical Expenses: Costs related to injury or illness. 6. Others.

**Handling of Personal Information:** Regarding the personal information submitted during travel application, we will use it for communication with you and, within the necessary scope, for arranging services provided by transportation, accommodation facilities, and organizing agents in relation to the travel you have applied for. Additionally, we may use it for sending surveys and other direct mail, so please be aware of this in advance.

To apply, please send an email to the following email address. We will then send you the necessary application form. Application Exclusive Email Address: [zen-road@tobutoptours.co.jp](mailto:zen-road@tobutoptours.co.jp) For those who have confirmed their participation, we will provide detailed information separately.

### Travel Planning and Execution (Application Details)

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account manager : HIROSHI TAMURA



Certified General Travel Services Manager :YUJI SAITO  
A Travel Business Handling Manager is the person responsible for transactions at the sales office that handles the customer's travel. If you have any questions regarding the contract for this trip or if there is anything unclear from the explanation provided by the representative, please feel free to inquire with the Travel Business Handling Manager

# Itinerary

No.	Date (day)	City	Time	Means of transportation	Schedule	Accommodation
1	January 15 (Mon)	Haneda Airport	8 : 5 5	ANA 7 4 7	Meeting at Haneda airport at 7 am, Flight to Noto Airport in the morning	Monzen-machi, Wajima
		Noto Airport Arrival	9 : 5 0	Private car	Private car from Noto Airport to Soji-ji Soin temple	Lodging facilities at Sōji-ji Soin Monastery
		Sōji-ji Soin	1 3 : 0 0			Japanese-style room for each person
2	January 16 (Tue)	Soin Temple	Morning		Morning Bell (Wake-up), Participation in Morning Service, Dawn Zazen Meditation, and Work Experience (Cleaning).	Monzen-machi, Wajima
		Wajima city	9 : 0 0	Private car	One day experience in Wajima  •Morning market experience, Salt making experience, visiting the world heritage "Tanada" (Terraced rice fields)  •Tour of the Tenryō 'Kuroshima' District, including visits to the former coastal shipping firm Kakumika, the Kitamae Ship History Museum etc	Lodging facilities at Sōji-ji Temple main Monastery
		Soin Temple			After dinner, enjoy the traditional Gojinjō Daiko drum performance at the main hall of the So-in.	Japanese-style room for each person
3	January 17 (Wed)	Soin Temple	Morning		Morning bell (wake-up), participation in morning prayers, and dawn zazen meditation.	Wakura Hot Spring
		Wajima city		Private car	- Experience going door-to-door for almsgiving to - households  - Experience the traditional culture of Wajima City, including Wajima lacquerware and experience carrying a Kiriko(traditional floats)	Kagaya Noto Nagisa-tei
		Wakura Hot Spring			- Japanese Hospitality Experience: Stay at Kaga-ya in Wakura Onsen	Japanese-style room for each person
4	January 18 (Thu)	Wakura Hot Spring	All day	Private car	Full-day Zen meditation in the midst of nature	Wakura Hot Spring
		Hakui City			To yokou-ji Temple in Hakui City for experiences including zazen meditation on the summit meditation stone	Kagaya Noto Nagisa-tei
		Wakura Hot Spring			After a Japanese culinary experience, embark on a trek along the Gazhan Trail	Japanese-style room for each person
5	January 19 (Fri)	Komatsu Airport	1 0 : 2 0	Private car	After breakfast, transfer to Komatsu Airport by private vehicle	Daihonzan Sōji-ji Monastery
		Haneda Airport	1 1 : 3 0	ANA754	Returning to Haneda Airport by ANA flight	"Sanshokaku" Lodging Facility
		Daihonzan Sōji-ji Monastery	1 3 : 3 0	Private car	At Sōji-ji Temple, various Zen experiences such as zazen, shojin cuisine, and practical work  Year-end Almsgiving Observation	Japanese-style room for each person
6	January 20 (Sat)	Daihonzan Sōji-ji Monastery	Morning		Morning bell (wake-up), dawn zazen meditation, participation in morning prayers, and practical work experience	
			Afternoon			Buddhist sermon and final meeting  Finish

※ \*Note: The following itinerary and times may be changed depending on transportation and road conditions.

\*Number of Meals: 5 breakfasts, 5 lunches, 5 dinners